



‘Nomad on top of the World!’ was the heading on a recent article in Henley Town Council’s Quarterly Magazine. The article went on to say: *“Climbing to the summit of a mountain 2786 metres high was not something that 4 young people would have dreamt that they could achieve. But last September accompanied by 3 members of the Nomad team they did just that. The climb up Mount Canigou was a culmination of a week working on an Olive Farm in the French Pyrenees. Rising early each morning to pick stones and stack logs was followed by adventurous afternoons of ‘canyoning’, abseiling and beach hikes providing them with a unique once in a life time experience. The trip was funded by another local charity and aimed to inspire them to raise their aspirations for the future but also encourage them to think about their lives, relationships and the choices that they make”.*

This trip was certainly a highlight of our year and one that underlines the value of providing a consistent and long term presence and approach here in the local community. The young people who participated in the trip and their families have been supported by Nomad workers over a period of many years and have been engaged in many of the activities that still continue on a regular basis. A further 10 young people will have opportunities over this coming year to participate in a similar trip.

As well as climbing mountains Nomad’s day to day work is divided into four categories:

- **Schools work** includes a mentoring programme, Life Skills Programme and support for specific students with their learning
- **After School Programme** includes weekly football sessions, youth club and peer support groups providing positive activities that are diversionary, aimed at helping young people make positive life choices as well as being fun. In addition we run a comprehensive holiday programme providing trips and activities that many would not normally be able to access.
- **Family Support** includes Parenting Support both 1 to 1 and in groups, support in attending professional meetings and practical support for housing, benefits, debt and money management issues. We also deliver Family Focus Workshops bringing parents and young people together to help them work through challenging issues.
- **Community Events and Activities** include Food Bank, Annual Beach Trip, and Community Fun Events on Freemans Recreation ground and at the YMCA Henley engaging with the communities who live around those venues. It also embraces our Adult Learning Programme and specific support for young people aged 16+ who have struggled to make the transition from school into further education, training or employment.

Nomad continues to engage with approximately 60 young people aged 10 – 16 years plus 23 young people aged 16 – 25 years each week and at any one time is providing support and advice to at least 12 families. With just over 5000 interventions being made each year, the work of Nomad continues unabated.

Thank you to Henley Town Council for their continued support along with many other charities trusts and organisations we are very grateful to all.

Tim Prior/March 2017