

CHRIST CHURCH HENLEY

Many people enjoy the facilities of our Centre every day. Maybe there is something that catches your fancy?

Have a look through the many activities below. Please feel free to contact the activity of your choice and we hope to see you here.

Our regular users and groups are listed below

- Act Now Entertainment
- Action for Happiness
- Age UK (Generation Games)
- Allotments Association (Christmas Dinner)
- A-Anon (Well-Being for All)
Support group for those who wish to recover from alcoholism and achieve sobriety
Tuesday, 19.30 – 20.30, Chapel
Thursday, 19.00 -21.00 Kempster Hall
Tel: 0207 4030888. www.alcoholics-anonymous.org.uk
- Al-Anon (Well-Being for All)
Help and support for families and friends of problem drinkers
Thursday, 20.00 – 21.30, Wentworth (Room 1)
Tel: 0207 4030888. www.al-anonuk.org.uk
- Aliquando Choir
Contact Anne Evans: Tel: 01491 578238
- Alison-Jane School of Dance (Children and youth)
Classes in ISTD ballet, tap, modern and street jazz from 3+
Tuesday & Wednesday from 15.30 – 19.30, Kempster Hall
Contact Alison Simmons on 0118 979 0683.
Email: ajdance.uk@gmail.com
- Antiques Fairs (General – All)
Saturdays: 11 Feb, 11 March, 8 April, 6 May, 10 June, 08 July, 12 Aug, 9 Sept, 14 Oct, 11 Nov, 9 Dec
Time: 10.00 – 16.00, Pither Hall and Concourse
Entry 50p
Hot food, tea, coffee & cakes available from the kitchen
Contact tel: 07708 775662
Email; teddybearman1955@gmail.com
- Bamboozle Presents (Concert)
- Bluebells (Elderly)
Day centre providing care and therapeutic activities for people over 60 with mental health & social needs, specialising in dementia. Services for up to 12 members a day, four days a week, including lunch.
Mondays, Wednesdays, Thursdays & Fridays 10.00 – 15.00. Morris (Room 2)
Tel: 07827235424
- Brownies (Children)
3rd Henley Brownies pack – weekly meetings during term-time for 7-10 year olds

Thursdays, 17.00 – 18.30, Pither Hall
Contact Sarah Tipple on 01491 571007. Email: sarah@tipple.net
www.oxfordshiregirlguiding.org.uk

- Busy Bees (Social for All)
Craft Group – all welcome for coffee, chat & creative work. Any craft, any ability!
Meeting fortnightly. Mondays 14.00 – 16.00, Haymes
Contact Hilda Glendenning on 0118 9484614
- Can Do Martial Arts (Fitness – All)
Karate for Adults and children
Saturdays 9.00 – 10.00, Kempster Hall
Contact Scott : 01235 364370
Email: scott@candomartialarts.co.uk
- Cards for Good Causes Ltd. (Christmas Stalls)
- Carers Support Groups (Elderly – All)
For unpaid carers – all welcome
General support – 3rd Tuesday every month, 10.30 – 12.00, Wentworth Room
- Dementia Carers Support – 2.30 – 4.00pm, Wentworth
Just turn up or contact Fiona on 07557 430873
Office tel: 01235 424715
Email: louisegriffiths@ageukoxfordshire.org.uk
- Carol Titley
Coffee Morning (Social – All)
Meet & chat over coffee and home-made cakes
Fridays, 10.00 – 12.00, Concourse
Contact Centre Manager on 01491 577733
- Community Diabetes Service (Health – All)
Contact Amy Sullivan on tel: 01869 604089 or email:
amy.sullivan@oxfordhealth.nhs.uk
- Dyslexia Assessments (Education)
Offers specialist assessments for individuals of any age who feel that they, or their child, are not progressing as well as they might.
Tel: 07950829764 Email: leoniesacher@btinternet.com
- Diana Solberg (Pilates)
Mondays 17.45 – 18.45 (Kempster Hall)
Contact: Diana on Tel: 07875 682797 or email: diana.physio@mail.com
- Disco Ducks (Funky pre-school dances – Children)
Tuesday 10.00 – 10.30 (Pither Hall)
Contact Steph Maxwell on tel: 01491 578277 or email:
pink-steph@yahoo.co.uk
- Funky Street Dance (Dancing – Children)
With Laura Prince
Thursday 18.45 – 19.45 (Pither Hall)
Contact Steph Maxwell on tel: 01491 578277 or email:
pink-steph@yahoo.co.uk
- Henley Bible School (Church – All)
In-depth Bible study group
Sundays, 18.30 – 20.00 Concourse
Contact Glyn Millington on 01491 412621

Email: glyn@millingtons.org

- Henley Branch Parkinson's UK (Elderly)
Meets on the 4th Wednesday of every month
Wednesdays 10.30 – 12.30. Kempster Hall
Tel: 01491 628520
- Henley Music Centre (Education – Children and youth)
Eureka! Foundation music tuition for children and young people
Saturdays, 09.30 – 12.30 Morris Suite
Contact Paul Cox on 0118 961 7584. Email: vcel@gmx.co.uk
- Henley Stroke Club (Elderly)
Local group for those affected by stroke – survivors and carers.
Tuesdays, 10.30 – 12.00, Haymes
Contact Margaret Peters on 01491 572861
- Henley Village Montessori School – (Education) “A happy place to learn”
Supporting children through their early years to become confident, content and considerate
Montessori Nursery School for children aged between 2 and 5 years.
Mondays, Wednesdays, Thursdays & Fridays 9.00 – 18.00. 45 weeks per year
- Henley & Goring Ramblers (AGM)
- Henley Choral Society (Concert)
- Henley Community Acupuncture
- Henley Literary Festival
- Henley Standard (Christmas party)
- Henley Symphony Orchestra (Concert)
- KUMON Maths (Education – Children)
After school Maths and English study programmes classes for children of all ages and abilities, offering an individualised programme for each student. Our study centre offers a warm, friendly atmosphere where students are supported, encouraged and praised as they grow in confidence and achieve their full potential. We welcome students of all ages and abilities from local primary and secondary schools in Henley, as well as those attending schools in the surrounding villages. The unique Kumon Maths and English Programmes pursue the potential of each child by developing confident, independent learners through individualised, advanced study. Following a free assessment, your child will begin studying at an individually set starting point that matches their needs and ability.
Mondays & Wednesdays: 15.30 – 17.30 (Wentworth Room)
Contact: Dawn Willoughby on 0118 987 2918 or 07814 722830
Email: henleyonthames@kumoncentre.co.uk
- Late Spring (Well-Being – All)
Bereavement Support Group
Meet every 1st and 3rd Monday of the month, 1.30 – 3.30pm, Wentworth
Tel: Sue Kendrick – 0118 9474562
Email: laurafreeth@ageukoxfordshire.org.uk
- Leonie Sacher (Dyslexia Support)
- Louise Talbot (Cheese making)
- Little Lamb Toddlers Group (Children)
- Playgroup for babies & pre-schoolers

Fridays 10.00 – 12.00. Kempster Hall

Tel: Kate on 07738017559 Email: katbeattie@hotmail.com

- MECCANO
- Mencap (Discos)
- Messy Church (Church – Children)
Activities & hot meal for children (5 – 11 yrs)
2nd Friday every month 15.30 – 18.30 in the Pither Hall
Contact Debbie on 07900 974268
Email: familyworker.db@gmail.com
- Muscular Dystrophy Group (Spirit of Christmas Concert)
- Music & Travel Tour Consultants Ltd. (Concerts)
- Nathalie McClure (Counselling)
- National Childbirth Trust 1 (Nearly new sales twice a year)
- National Childbirth Trust 2 (Ante-natal classes)
- Oddfellows –
Oddfellows – Three Counties Branch
- Parkinson's Seated Exercise class (Elderly)
Every Wednesday except the 4th Wednesday of the month
Time; 13.30 – 15.30, Kempster Hall
Contact tel: 01491 628520
- Parkinson's Singing group (Elderly)
2nd Friday of every month
Time; 13.30 – 15.30, Kempster Hall
Contact tel: 01491 628520
- Quiet Hour (Church)
Prayer Meeting
Tuesdays 10.00 – 11.00 in the Chapel
- Open House Lunch (Social -All)
Delicious home-cooked hot lunch – everyone welcome!
Mondays & Thursdays 11.30 – 12.30
Contact Centre Manager on 01491 577733
- Pilates (Fitness – All)
Mondays 17.45 – 18.45 Kempstar Hall
Contact: Diana 07875 682797
Email: diana.physio@mail.com
- Psychotherapy Counselling (UKCP registered) (Well-Being – All)
Individual and couples therapy.
Tuesdays, Wednesdays, Thursdays & Saturdays
Tel: 07500 603480 Email: carol.titley@btopenworld.com
- Riverside Counselling Service (Counselling courses)
- Rhythmercise (Fitness – All)
A full body-workout including cardio, dance, circuits & flexibility
Wednesday 19.00 – 20.00, Pither Hall
Tel:07725625820
Email: faerycher@hotmail.com
- Royal British Legion (Social)
Branch meetings followed by lunch
Third Monday every month, 11.00 – 14.00, Kempster Hall
Tel: 01491 578238, Email: zanne.dan@sky.com

- Rotary –
District Club
Henley Rotary Club
Rotary Club of Henley Bridge (Concert)
- Sacred Heart Primary School (Concerts)
- Shiplake College (Concerts)
- Shiplake Community Choir (Concerts)
- Smart Raspberry Cookery School (Cooking lessons)
- Stefan Gawrysiak (Concert)
- Sunday Morning Worship (Church – All)
10.30am in the Church
- Tai Chi (Fitness – All)
Slow meditative physical exercise for relaxation, balance and health
Thursdays 20.15 -21.15, Kempster Hall
Contact: Julian Dear on 01491 576611.
Email: julian@tranquilrivertaichi.com www.tranquilrivertaichi.com
- Teddy's Antiques (Antiques Fair)
- University of third age (U3A) (Music appreciation classes, poetry)
- Valley Road School PTA (Disco)
- Victim Support
- WeightWatchers (Weight Watchers – All)
Weekly meetings, including weigh-ins & discussions
Fridays 09.30 – 11.00, Pither Hall
For more information call 07881 805429
Email: pmackenzie@weight-watchers.co.uk
- Workers Educational Assembly (WEA) (Education)
Courses run each term
Tuesdays 14.00 – 16.00, Haymes Hall
Tel: 0118 940 2389
Email: cookclan@tesco.net
- Zumba (Fitness – All)
Mondays 20.00 – 21.00 Pither Hall
Tel: 07725 625820, faerycher@hotmail.com

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