

Headway Thames Valley

We have built up an understanding of the impact of Acquired Brain Injury (ABI) over a period of almost 30 years' and seek to help all those in Berkshire and South Oxfordshire who have suffered an ABI.

An ABI is one that has occurred since birth – usually as an adult – and is entirely separate and different from damage that occurs at birth or genetic conditions. A brain injury happens in seconds and the effects last a lifetime. Approximately 4000 people have some form of acquired brain injury (50% ABI & 50% stroke) in the Thames Valley each year.

Recovery from brain injury takes a long time and people are usually left with enduring problems and will remain vulnerable for the rest of their lives. Headway Thames Valley provides help and rehabilitation to people with a brain injury and support and information to their families, friends and carers involved in their treatment. We seek to improve the lives of adults with acquired brain injury and to raise awareness of the causes and effects of brain injury.

If you would like to find out more about Headway Thames Valley please visit our website at www.headwaythamesvalley.org.uk or contact the office on 01491 411469. Our Day Centre and office are based at Brunner Hall, 84b Greys Road, Henley-on-Thames RG9 1TF. For volunteering opportunities please contact the office.