

HENLEY LIFESAVING CLUB

ANNUAL TOWN MEETING 2010

The club consists of a core of people who teach, fill in forms, book pool times etc and generally keep the club together.

We then arrange and teach Royal Lifesaving Society courses, Life Support, Bronze Medallion Award of Merit and the National Rescue Award for Swimming Teachers and Coaches, which have to be updated every two years . We also have training evenings for the NRASTC's to keep them up to date. Parts of these qualifications can be put towards the Duke of Edinburgh Awards.

Our training evenings are on Thursdays during school terms at Henley Leisure Centre 7pm to 9pm.

The club has been running for over thirty years.